



Unicity Balance (chrysanthemum morifolium/fiber/phytosterols/policosanol/unicity 7x) - Full Prescribing Information

Unicity International

UNICITY BALANCE™
(Also known as Bios Life® Slim or Bios Life® S)
Formula for Healthy Cholestrerol Support

DESCRIPTION

Unicity Balance™ (also known as Bios Life® Slim or Bios Life® S) is a fiber-based, vitamin-rich nutritional supplement. Unicity Balance™ contains a blend of soluble and insoluble fibers, Unicity® 7× technology, phytosterols, policosanol, an extract of *Chrysanthemum morifolium*, vitamins, and minerals that when combined with a healthy diet and exercise may lower total serum cholesterol, and help achieve and maintain a healthy body weight.

Unicity Balance™ is light orange in color. It is a hygroscopic crystalline powder that is generally soluble in water. Each serving of Unicity Balance™ contains 4 g of fiber, 1 g of phytosterols, 750 mg of Unicity 7×, 6 mg of policosanol, and 12.5 mg of an extract of *Chrysanthemum morifolium*. In addition to these active ingredients, each serving of Unicity Balance™ contains maltodextrin, citric acid, orange juice powder, sweeteners, and orange flavor.

BENEFITS AND RESEARCH

It's estimated that Americans consume 10-12 g of total fiber per day, less than half the amount of the recommended daily intake. Epidemiological and clinical studies have correlated high daily fiber intake with an improvement in overall health.

Unicity Balance™ is a nutritional supplement designed to increase fiber intake. Each serving of Unicity Balance™ contains four grams of fiber. When taken three times daily, Unicity Balance™ contributes half of the recommended daily value of fiber. Fiber supplementation has been shown to decrease preprandial and postprandial glucose levels, lower LDL cholesterol and apolipoprotein B levels, increase satiety, and facilitate weight loss. In addition to fiber supplementation, Unicity Balance™ contains a patented blend of phytosterols, policosanol, *Chrysanthemum morifolium*, vitamins, and minerals. Unicity Balance™ facilitates weight loss through five distinct mechanisms. First, the soluble fiber matrix promotes an increase in satiety. Second, Unicity Balance™ improves cholesterol levels. Reduction in LDL content removes a potent inhibitor of lipolysis. Third, Unicity

Balance™ improves blood glucose levels. Appropriate serum glucose levels help maintain many metabolic processes in the body. Reducing insulin levels permits fatty acid oxidation to occur. Fourth, Unicity Balance™ restores appropriate leptin signaling. Lastly, Unicity Balance™ reduces triglyceride levels allowing for leptin to cross the blood-brain barrier and affect its mechanism of action.

SUGGESTED USAGE

Dissolve the contents of one packet or one scoop into 8 to 10 fl. oz. of liquid (water or juice) and stir vigorously. Drink immediately. Use 15-20 minutes before meals up to three times daily.

SAFETY AND WARNINGS

Unicity Balance™ is well tolerated. There may be mild gastrointestinal discomfort, such as increased flatulence or loose stools, during the first month of initial use due to the increased uptake of dietary fiber. This GI disturbance usually disappears within the first thirty days. If the GI discomfort persists, reduce the number of servings of Unicity Balance™. If the GI discomfort further persists, stop taking the product and consult your physician. Taking this product without adequate liquid can result in complications.

HOW SUPPLIED

Unicity Balance™ is packaged in single-serving foil packets or in bulk canisters.

REFERENCES

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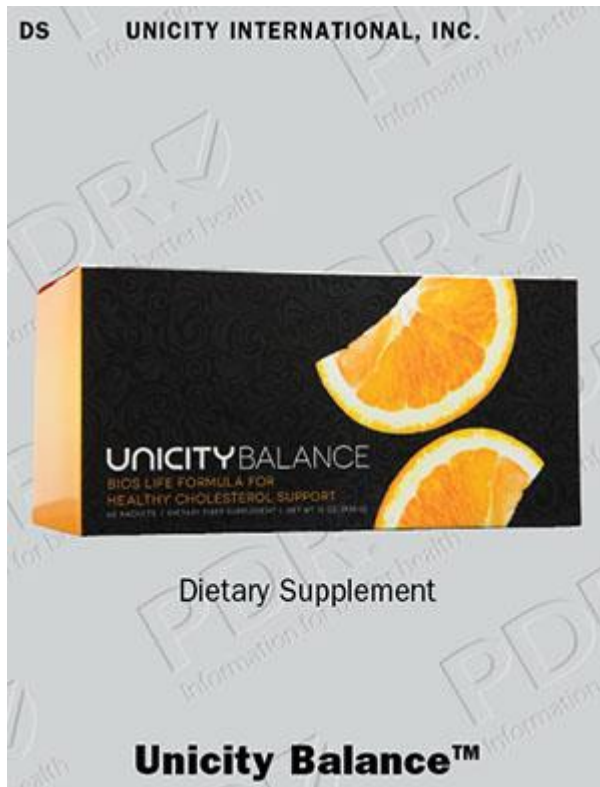
US Patent 6,933,291.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

PRODUCT PHOTO

NOTE: These photos can be used only for identification by shape, color, and imprint. They do not depict actual or relative size.

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<http://www.pdr.net/full-prescribing-information/unicity-balance?druglabelid=584>

Unicity BALANCE is available in the Netherlands via www.SwissShape.nl and www.BalanceDiabetes.info