

Unicity products scientifically tested, with results available to the medical community in the prestigious "Physician's Desk Reference"

SWISS SHAPE programmes are made up of the nutritional products from her partner, Unicity International. Unicity has more than 100 years' experience with "making life better" and is the market leader in scientifically-proven nutritional supplements.

Unicity works with the medical and science communities to test their products. Sixteen of these products are listed in the "Physician's Desk Reference 2016". The "PDR" is *the* reference work for doctors and care-givers worldwide.

As an example, the Unicity Balance™ line (formerly Bios Life Slim™) is the leading, patented, natural alternative to statine medicines (US Patent 6,933,291). The extensive testing of these products yields overwhelmingly positive results as a natural alternative to combating diabetes. Unicity Balance™ is an ideal nutritional supplement for Diabetes I & II- patients to improve their insulin processing. Unicity Balance™ aids in:

- Giving a satiated feeling due to its fiber-rich formulation
- Improving HDL and LDL cholesterol levels. Reducing LDL levels removes a powerful hindrance to lipolysis
- Improving blood glucose levels. The maintenance of correct serum-glucose levels reduces hyperinsulism and promotes insulin sensitivity
- Restores leptin signaling
- Reduces triglycerides, which promotes the functionality of leptins in crossing the blood-brain barrier.

Unicity Balance™ can be used as first-line therapy for mild hypercholesterol and also as a preventive for diabetes, even in marginal cases. See the testimonials at www.SwissShape.co.uk. *Consumers are advised to check with their primary care physician before beginning any dietary or nutritional supplement programme.*

The following appears in the PDR under Unicity Balance™:

*In addition to fiber supplementation, Unicity Balance™ contains a patented blend of phytosterols, policosanol, Chrysanthemum morifolium, vitamins, and minerals. Unicity Balance™ facilitates weight loss through five distinct mechanisms. First, the soluble fiber matrix promotes an increase in satiety. Second, Unicity Balance™ improves cholesterol levels. Reduction in LDL content removes a potent inhibitor of lipolysis. **Third, Unicity Balance™ improves blood glucose levels. Appropriate serum glucose levels help maintain many metabolic processes in the body. Reducing insulin levels permits fatty acid oxidation to occur. Fourth, Unicity Balance™ restores appropriate leptin signaling. Lastly, Unicity Balance™ reduces triglyceride levels allowing for leptin to cross the blood-brain barrier and affect its mechanism of action.***

The SWISS SHAPE programmes make it easy for the nutrition-oriented consumer to improve their health in a natural manner. SWISS SHAPE programmes are available exclusively via registered SWISS SHAPE Unicity partners.

Find out more about SWISS SHAPE programmes at www.SwissShape.co.uk:

- GUT-FIT. A clean start: a gentle but thorough cleansing of the digestive system
- TRIM-FIT. A smart step: for weight correction and general well-being. Incorporates Unicity Balance™
- POWER-FIT. A powerful continuation: for the busy person who relies on stamina, presence and powers of concentration

Would you like to be in SWISS SHAPE? Contact us in the UK via antonia@SwissShape.co.uk.

Are you interested in helping others to reach their healthy, fit and trim potential? The we would be pleased to welcome you as a SWISS SHAPE Unicity partner. Please contact us at dealer@SwissShape.co.uk.

GOOD FOR EVERY BODY