

CoQ10 Advanced Formula

Powerful Cardiovascular Support

Restores depleted antioxidant supply to support cardiovascular health.*



FEATURES AND BENEFITS

- Powerful antioxidant
- 100 mg of CoQ10 in each serving
- Helps replenish lost CoQ10 supply due to statin use or aging
- Supports the body's ability to generate energy
- Also contains vital amino acids taurine and L-carnitine

Item #25942
Serving Size: 1 Softgel
30 Servings per Container

PRODUCT INFORMATION

CoQ10 supports cardiovascular health by replenishing the body's supply of coenzyme Q-10, or CoQ10. This coenzyme is essential for energy creation in the body.

Due to our modern diets, which often lack vital nutrients and supply excess saturated fats, the risk of cardiovascular disease is very high. In order to lower the risk of cardiovascular disease, many individuals are prescribed cholesterol-lowering drugs called statins.

A side effect of statin drugs is depletion of the CoQ10 enzyme. Additionally, serum levels of CoQ10 diminish gradually with age. Unicity's CoQ10 is an excellent way to replenish dwindling supplies of this vital nutrient to support cardiovascular health.

SUGGESTED USE

Take one softgel daily with food.



SCIENCE

There are several types of coenzyme Q in the human body, with the most common type being CoQ10. CoQ10, a component of the electron transport chain, is a fat-soluble molecule essential to aerobic respiration.

Aerobic respiration is the process by which the body converts glucose to adenosine triphosphate, or ATP, the body's main source of energy.

Because CoQ10's primary function is to aid in the generation of energy, this coenzyme is most often found in the mitochondria—the structure that utilizes energy on a cellular level.

This is where ATP will be generated and restored constantly with the help of molecules in the electron transport chain, like CoQ10. This is an important process, as the body can often use its own weight in ATP per day!

The highest concentrations of CoQ10 are found in the largest organs: the heart and the liver. Without vital concentrations of CoQ10, energy production can be slowed or made more difficult.

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CoQ10 Advanced Formula

FREQUENTLY ASKED QUESTIONS



Q. Can I get my daily CoQ10 values from my diet?

A. There are many foods that are natural sources of CoQ10, such as chicken, fish, and fatty oils. However, in order to get the 100 mg of CoQ10 available in CoQ10 Advanced Formula, you would need to eat over 2.5 lbs of ground beef every day!

Q. Who can take CoQ10?

A. CoQ10 has been shown to be safe and well tolerated. We recommend individuals be 18 years of age or older. Pregnant and nursing mothers should ask their doctor to see if this product is right for them before use.

Q. When should I take CoQ10?

A. CoQ10 should be taken daily with water and food.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEY INGREDIENTS

L-Carnitine

An amino acid found mostly in skeletal and cardiac muscle that plays an important role in energy production in the body^{1,2,3}.

Taurine

An amino acid that aids in improving cardiac function by affecting cardiac contractility and platelet aggregation^{4,5}.

Vitamin E

This essential vitamin aids in improving muscle strength and physical performance, while also acting as a powerful antioxidant^{6,7}.

Vitamin B12

In addition to increasing energy and feelings of vitality, vitamin B12 aids in cell regeneration^{8,9}.

REFERENCES

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